

**POST OPERATIVE INSTRUCTIONS FOLLOWING**  
**BLEPHAROPLASTY**

1. KEEP HEAD ELEVATED FOR 5 NIGHTS TO DECREASE SWELLING
2. APPLY COLD PACKS TO LIDS FOR COMFORT & SWELLING
3. APPLY OPHTHALMIC OINTMENT TO INCISIONS TWICE DAILY AS PRESCRIBED FOR 7 DAYS
4. MAY WASH FACE, BUT AVOID INCISIONS FOR 2 WEEKS
5. USE PRESCRIBED PAIN MEDICATION AS DIRECTED IF NEEDED FOR PAIN
6. DRINK PLENTY OF FLUIDS TO GET REHYDRATED